

Directions to the Research Institute on Aging of the Hebrew Home of Greater Washington

-From DC: Take Wisconsin Avenue north past the NIH (it becomes Rockville Pike). About 1 mile after passing the White Flint Mall make a left onto Montrose Road (Midpike Plaza is on your left). Travel on Montrose for about a quarter-mile and at the second traffic light make a right into the Hebrew Home parking lot. The lecture will be in the Social Hall of the Smith-Kogod Building, which is straight back in the parking lot and to your right.

-From Points North of DC: From I-95 South take I-495 West for 9 miles. Go north on I-270, taking the local route, then exit at the Montrose Road East exit (Exit 4A). Proceed on Montrose for just over 1 mile. Cross over East Jefferson Street and just pass the JCC (Jewish Community Center), make a left at the next traffic light into the Hebrew Home parking lot. The lecture will be in the Social Hall of the Smith-Kogod Building, which is straight back in the parking lot and to your right.

-From Points South of DC: From I-95 North take I-495 North. Take the left exit for I-270 North, taking the local route, then exit at the Montrose Road East exit (Exit 4A). Proceed on Montrose for just over 1 mile. Cross over East Jefferson Street and just pass the JCC (Jewish Community Center), make a left at the next traffic light into the Hebrew Home parking lot. The lecture will be in the Social Hall of the Smith-Kogod Building, which is straight back in the parking lot and to your right.

*If you are taking **Public Transportation** you can get on the Metro's Red Line to the White Flint Metro Stop. Then take Ride On Bus #38 to the Hebrew Home Campus.

Research Institute on Aging
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